

FLANDREAU ELEMENTARY SCHOOL ANNOUNCEMENTS

Friday, March 13, 2020

**-Lunch choices today: A) Breaded Fish Sandwich B) Cheesy Garlic French Bread Pizza
C) Ham & Turkey Sub**

-Specials Rotation: PURPLE

-Morning Expectations: A reminder that when we get here in the mornings and what is expected. We have noticed more students wondering around the lunch room and not sitting at the tables when waiting to be dismissed. Please sit and wait patiently and keep the walking isles open for the safety of people walking through to the classrooms. Also, if you eat breakfast here you need to do that right away and not go outside first. To allow you enough time to eat, we need you to get your breakfast first and then go outside.

-Washing Hands: Students we want to continue to remind you to wash your hands and use hand sanitizer any time you use the bathroom, blow your nose, cough, or sneeze.

-SOAR Day: March 18th we will have our next SOAR Day.

-Student Shout-Out: Kearys Asio; he held the door open for students and teachers yesterday when coming in from recess without being asked. Thank you for being a leader and a good example for other students!

-Staff Shout-Out: Ms. Lefor; she has done a wonderful job helping us out at the school this year. Thank you for everything you have done for us!

-Welcome: Mrs. Schoeberl; she is going to be our new Kindergarten para.

-THOUGHT FOR THE DAY: "Make today so awesome, yesterday is jealous."

Birthdays: Aviyana Peacock (Saturday) and Mrs. Hawks (today)

PARENT NOTES:

Summer Softball: Signups on Wednesday March 25th in the high school cafeteria from 5pm-7pm for ages are 8U - 14U.

FROM THE MOODY COUNTY HEALTH NURSE

Last Tuesday, the Centers for Disease Control and Prevention (CDC) issued a public warning to prepare for coronavirus disease 2019 (COVID-19), an outbreak that first began in Wuhan, Hubei Province, China this past December. Since then, COVID-19 has spread to 70 countries and territories, including the US. While the risk of coronavirus in the US remains low, CDC expects more cases to be identified in the coming days. Currently, there are approximately 130 cases of coronavirus in the US across 13 states – Arizona, California, Florida, Georgia, Illinois, Massachusetts, New Hampshire, New York, North Carolina, Oregon, Rhode Island, Washington, and Wisconsin.

While COVID-19 has been interchangeably referred to as coronavirus, it's important to note that coronavirus is the name for a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV). Common symptoms of COVID-19 include fever, cough, and shortness of breath. CDC believes that symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure.

Although there is currently no vaccine to prevent COVID-19, CDC recommends taking the following actions to prevent illness:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If tissues are unavailable, cough or sneeze into your elbow.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow CDC's recommendations for using a facemask.
 - o CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
 - o Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).
- Follow these WHO (world health organization) guidelines when washing your hands. Proper washing should happen often using soap and water for at least 40 – 60 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol and make sure you're rubbing your hands for at least 20 – 30 seconds. Always wash hands with soap and water if hands are visibly dirty